



Updated on 25th May 2023

Respitality provides a unique way for Carers Centres and the Scottish Hospitality sector to work together to provide short breaks to unpaid carers.

Short breaks are donated to Respitality. These can be overnight stays, dinner reservations, spa days, beauty treatments etc. They are then matched with people that are looking for a break alongside their caring role. Turn over to see what breaks are available now.

Do you have a break in mind that isn't available right now? We operate waiting list where you can register interest in a particular break and be notified if one that meets your requirements comes up. There is also a mailing list for carers that would like to have updates to the breaks available sent out to them.

For more information and to make a booking, please contact us by calling 01563 571 533 or emailing @eastayrshirecarers.org.uk

Do you work in the hospitality, tourism or leisure industry?

Would you be interested in offering breaks to carers? Give us a call or email to arrange a meeting to discuss the benefits of the programme and how you can be a part of it.

Website: eastayrshirecarers.org.uk

Facebook: facebook.com/eacarers

Twitter: twitter.com/eacarers

Overnight Breaks

2 night stays at Oban Hostel

Hostelling Scotland are offering breaks at their Oban Hostel to Respitality. Offer is two nights inclusive of break for couples or families. Break has to take place between 1st September 2023 and 31st January 2024.



2 night stays at Inverness Hostel

Hostelling Scotland are offering breaks at their Inverness Hostel to Respitality. Offer is two nights inclusive of break for couples or families. Break has to take place between 1st September 2023 and 31st January 2024.



2 night stays at Edinburgh Hostel

Hostelling Scotland are offering breaks at their Edinburgh Hostel to Respitality. Offer is two nights inclusive of break for couples or families. Break has to take place between 1st September 2023 and 31st January 2024.



2 night stays at Glasgow Hostel

Hostelling Scotland are offering breaks at their Glasgow Hostel to Respitability.

Offer is two nights inclusive of break for couples or families
Break has to take place between 1st September 2023 and 31st January 2024.



2 nights stay for 2 people

The Secret Cabin in North Berwick is a beautiful, bespoke-finished and dog friendly cabin for two, nestled behind woodland but walking distance to Seacliff Beach.

Stay can be any time up to the end of 2024, excluding Christmas/New Year period, see dates below

Access to the Cabin is along a narrow woodland path so sadly not suitable for wheelchairs

Up to 2 well behaved dogs are welcome too!



Self catering stay in Perthshire from 2-20 people at country estate

Cray House would like to offer breaks on their country estate. There is the choice of the Cray House itself which sleeps up to 20, or the Blairbeg Cottage which sleeps up to 4.

Breaks can be taken in September, November or December, and can be from 2 nights stay onwards.



Killean Farmhouse Respitability Week! 30th September – 7th October

Killean Farmhouse have kindly offered 6 different cottages to stay from 30th September – 7th October 2023 in Inveraray, Argyll. (Rowan Cottage Two bed, sleeps four. Sycamore Cottage One bed, sleeps two) Full details of cottages can be found on the website.



Two night stay for two at Ferry Row B&B

Ferry Row B&B in Fairlie (3 miles outside Largs) would like to offer a break for 2-night stay at their seafront property for a carer and companion. Breaks can be booked for any time of the year, but will be subject to availability.

Getting there: The owner can arrange transport from Fairlie Station if needed.

T&Cs: There is no smoking inside the house and no dogs or other animals permitted. No food or drink in the bedroom other than what is provided on the tray or agreed by prior arrangement e.g. for health or dietary reasons.

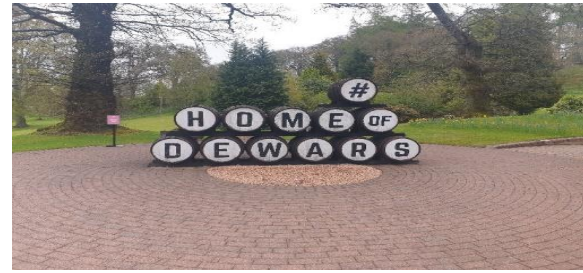
Accessibility: one step down from car parking area into garden. The house is not wheelchair friendly and both guest rooms have shower over bath.



Day Trips

Cask Tasting Tours with Dewar's Aberfeldy Distillery

Dewar's Aberfeldy Distillery would like to offer an unpaid carer and a companion a Complimentary Cask Tasting Tours with lunch in their café. Dewar's have advised this offer is unlimited and ongoing so please take advantage where you can!



Golf tickets to Alfred Dunhill Links Final

The Alfred Dunhill Links Championship is a celebration of Links golf, played over the Old Course St Andrews, Carnoustie and Kingsbarns, from October 5-8 2023. The Championship incorporates two separate competitions – an individual professional tournament for the world's leading golfers and the Team Championship in which the professionals are paired with amateur golfers which creates a unique atmosphere.



Meal for two in Pittenweem pub

On offer is a two course lunch or dinner for two people at the West End Bar in Pittenweem

T&Cs

- The offer does not include drinks
- Cannot be used during Pittenweem Arts Festival week (4th-12th August)
- Dogs are very welcome!

Accessibility information: It's a 200 year old property with very limited access to wheelchairs. Lots of small flights of steps inside, including for access to Ladies' loo. They'll do what they can to assist but important to note.



Tasting tour & hamper lunch for 2

Lindores Abbey Distillery in Newburgh (Fife) are delighted to provide whisky tours, tastings and a picnic hamper lunch for a carer and companion to enjoy in the courtyard, abbey ruins or the refectory. The picnic hampers comprise of crisps, dips, quiche, rolls, salads, a selection of cold meats or cheeses, sweet treats, sparkling water as well as two Lindores MCDXCIV drams and half a bottle of wine per person!

Full details on teams channel (National Breaks Processes & paperwork) with a downloadable voucher for your carer.

The distillery is open 7 days per week between 1st April – 31st October and tours are at 10am, 12.30pm and 2.30pm. Subject to availability.

